

FEEDBACK FROM OUR CUSTOMERS

GREAT NAILS

“Since taking your Turmeric my nails have become the best they’ve been for years and I had tried everything!”

Brenda, Taupo

BACK

“Turmeric has been fantastic for my back and I am feeling great. I am very excited to find something that works so well.”

Joyann

JOINTS

“I am pleasantly surprised at how effective Turmeric is.”

Roseanne, Auckland

DELIGHTED



“After having a stiff back I was advised to try your Turmeric. I cannot believe the difference it has made after only ten days. My attitude is more positive, I feel healthier and I find getting out of bed in the mornings a breeze. I am delighted.”

Tricia



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www.healthhouse.co.nz

-  60 day money back guarantee
-  Free delivery within New Zealand

PTF/O



Health House

TURMERIC

Joint, digestion and
general health



All our
products are
**GLUTEN
FREE**

TURMERIC

Turmeric is a yellow spice which has been used in Indian cooking for thousands of years. It also has a long history of use in both Chinese and Hindu medicine.

The key active in Turmeric is curcumin which is one of the most intensely studied bio-actives. It has been found to support a wide range of health conditions - such as joint mobility, brain and digestive health, along with support for healthy blood viscosity for cardiovascular health.

While you can buy this spice at the supermarket, you would require over a tablespoon of spice every day to get any benefit, even then the low level of curcumin (less than 5%) would not be easily absorbed.

Careful research was undertaken by Health House prior to sourcing our Turmeric supplement. We found a specially designed, easily absorbed 95% curcumin and blended it with piper nigrum (black pepper extract) to enhance absorption.



BENEFITS:

- Supports healthy cholesterol levels
- Supports joint mobility
- Supports digestive, bowel and liver health
- Linked to healthy brain function
- A potent antioxidant

THIS PRODUCT HELPS WITH:

- Cholesterol
- Joints
- Digestion



INGREDIENTS:

PER CAPSULE	WEIGHT	ACTIVE
Turmeric (95% bio available curcumin)	420mg	400mg
Piper nigrum (50:1 extract)	5mg	250mg

We source our turmeric from India. (No additives, flow agents or fillers are used.)
Gluten, dairy and soy free.

DIRECTIONS:

Adults: take one capsule up to three times per day (absorption levels may increase if taken with a meal).

Always read the label and use only as directed.

If taking Warfarin (or any other blood or heart medication) we recommend you discuss with your doctor or healthcare professional prior to taking. Do not take if pregnant or breastfeeding.

Do not use for two weeks prior to or following surgery.

Do not use if you have gallbladder problems.