

FEEDBACK FROM OUR CUSTOMERS

MY ENERGY IS THROUGH THE ROOF

“I love my Probiotic Multi 9, my energy is through the roof compared to how I was dragging myself around. It was no joke! I feel so much better these days.”

Leesa

YOUNGER LOOKING SKIN

“People now comment that my skin looks younger and I seldom get a sore tummy anymore.”

Phoebe

AN IMPROVED BOWEL

“I have more energy, my bowel has improved and I no longer have an acidic stomach or bloating. I am a happy, happy customer.”

Karen

NO MORE STOMACH UPSETS

“After giving my teenage daughter your Probiotic Multi 9 she can now eat any food without any stomach upsets. This now allows her to eat a more balanced diet which is great for a university student.”

Anonymous

PROBIOTICS ARE AMAZING

“I've had bowel problems for years and now after taking your Probiotic Multi 9's I am finally able to eat lots of foods that I was not able to before. Your probiotics are amazing.”

Patricia

INGREDIENTS:

PER CAPSULE:	WEIGHT	ACTIVE
Outer Capsule Prebiotics -	55mg	
Fructooligosaccharides		
Inner Capsule Probiotics -	175mg	
Lactobacillus acidophilus		1200 million
Lactobacillus casei		600 million
Lactobacillus rhamnosus		600 million
Lactobacillus salivarius		600 million
Lactobacillus bulgaricus		200 million
Bifidobacterium bifidum		200 million
Bifidobacterium lactis		200 million
Bifidobacterium longum		200 million
Bifidobacterium infantis		200 million
Encapsulating aids		

Gluten and soy free. Contains miniscule traces of dairy.

DIRECTIONS:

Adults: take two capsules per day initially, then once digestive related health symptoms have been treated, you can reduce to one capsule per day.

Children: children under 12 take one capsule per day.

Always read the label and use only as directed.

Do not refrigerate, store in a cool dry place.


If you are on prescribed medication, please see your healthcare professional prior to taking. Do not consume if you have allergies to L-acidophilus.



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 60 day money back guarantee

 Free delivery within New Zealand

 **Health House**

PROBIOTIC MULTI 9

Nine strains of live beneficial
intestinal bacteria

All our
products are
**GLUTEN
FREE**

PROBIOTIC MULTI 9

Replace the nine most important live bacteria missing in your intestines. Optimum health begins and ends in your bowel.

We have about a kilogram of different types of bacteria lining our small intestine. These bacteria are necessary to convert and break down our food. If any strains of these bacteria are missing, various food groups may not be digested properly. This causes gluten and dairy allergies and numerous other health and digestive problems.

Both good and bad intestinal bacteria are indiscriminately destroyed by such things as food preservatives and antibiotics, which are specifically designed to kill bacteria.

Our Probiotic Multi 9 capsules contain the nine most important live bacteria that tend to be missing in our small intestine. Once these strains of bacteria are in your small intestine they recolonise and multiply.

'Capsule in a Capsule' technology

To make our Probiotic Multi 9 more effective, we use an exceptional breakthrough in capsulation. We call this technology 'Capsule in a Capsule.' This process was developed by a leading American company and we were the first in the Southern Hemisphere to use this new technology for our Probiotic Multi 9.

In this process, the delicate living probiotic bacteria are enclosed in a small inner capsule, made from a super dry, plant sourced material called HPMC which repels moisture.

This small HPMC capsule containing the probiotics is then placed inside another regular sized HPMC capsule (completely sealing the inner probiotic capsule) and is filled with a liquid plant sugar, similar to honey. This promotes the growth of intestinal bacteria and is known as a pre-biotic which provides nourishment for the probiotics when the capsule opens in your intestine.

They dissolve in your intestine not your stomach!

Another big advantage of super dry HPMC capsules over regular gelatine capsules is that they do not dissolve in your stomach acid, reducing the need for enteric (acid resistant) coating of the capsules. Instead, they dissolve



over several hours in the lower pH environment of your small intestine, as scientific testing has verified. Healthy, live, probiotic bacteria in your small intestine are absolutely essential for optimum health as health begins and ends in your bowel.

Optimum health begins in your bowel

Your small intestine, (where these useful probiotic bacteria live) is located just below your stomach and contains about a kilogram of bacteria. It is about seven metres long with the internal area covering the size of a tennis court if spread out flat.

When all the required strains of healthy bacteria are present and in balance, your small intestine is able to fully absorb all the minerals and vitamins from your food as it passes through. This means that you should be able to eat all common food groups such as wheat, milk and eggs without a reaction.

No refrigeration needed

'Capsule in a Capsule' technology overcomes the need for refrigeration.

A HUGE POTENTIAL FOR HEALTH BENEFITS

If you have never taken probiotics before, you may not realise just how energetic you can feel and how clear your mind can be as a result of a properly working digestive system. Below are some common reported benefits:

- Improved digestion of all food types
- Increased energy levels
- Excellent mineral and vitamin absorption
- Support for optimal immunity
- Regular daily bowel movements
- Increased protection from overseas bacteria
- No more wind, digestive upsets or bloating
- Full absorption of all proteins, vitamins, minerals and good fats
- Healthy cholesterol and triglyceride levels
- May help auto immune disorders

THIS PRODUCT HELPS WITH:

- The body's response to allergies
- Digestion/bowel
- Immune system
- Cholesterol

