

## FEEDBACK FROM OUR CUSTOMERS

“I have been taking your Eye Health since November 2016. In April this year (2017) I had my eyes re-checked. The doctor was impressed and said “whatever you’re doing keep it up!” I am just so pleased with your Eye Health.”

Alma.

“I am 77 years of age and 5 years ago I sustained a head injury that lead to pain behind my eyes. I was also affected by glare and had to frequently wear sunglasses regardless of being inside or out. Since taking your Eye Health I have noticed a remarkable difference. I cannot speak highly enough of this product and recommend it to all my friends and family.”

Malissa.

“I went to have my eyes checked a few weeks ago and they were totally blown away. The difference between this time and the last time that they were checked was quite amazing. I am going to keep taking your Eye Health.”

Sandi.

“After having my usual six monthly eye check, the doctor told me that I didn’t need to come back for another year! I am putting it down to your Eye Health.”

Harvey.

## INGREDIENTS:

PER CAPSULE:	WEIGHT	ACTIVE
Xangold (carotenoid esters)	120mg	24mg
Lutein esters		22.8mg
Zeaxanthin esters		1.2mg
Zinc	20mg	6.2mg
Bilberry extract	120mg	12000mg
Anthocyanosides		30mg
Vitamin E	5mg	5mg
Copper	2mg	280mcg
Beta carotene	2mg	200mcg
Vitamin C	200mg	200mg
Bioflavonoids	150mg	150mg
Encapsulating aids		

Gluten, dairy and soy free.

## DIRECTIONS:

Adults: take one capsule daily.

Not recommended for children.

Always read the label and use only as directed.

If taking Warfarin or any other blood thinning medication please discuss this with your health professional, prior to taking.

 **Health House**

Private Bag 12029, Tauranga 3143, New Zealand.  
0800 140 141 (NZ) 1800 140 141 (AUS) +64 7 543 0491 (INT)

[www.healthhouse.co.nz](http://www.healthhouse.co.nz)

 60 day money back guarantee

 Free delivery within New Zealand

 **Health House**

# EYE HEALTH

Support your eye  
health naturally

All our  
products are  
**GLUTEN  
FREE**



## EYE HEALTH

A specially designed comprehensive eye formula to support retina, macular and lens health, eye fatigue and night vision.

Eye Health is a combination of herbs, specific vitamins and minerals identified in published international studies, as being essential for good eye health. We have taken these identified vitamins and minerals and added lutein, zeaxanthin and bilberry, creating a superior formula supporting overall healthier eyes and vision.

**Zeaxanthin and lutein:** Xangold is sourced from specially grown marigold flowers and contains the antioxidants lutein and zeaxanthin. These are necessary in high concentrations for a healthy macular and help to protect the eyes from free radical damage.

**Bilberry:** We obtained the strongest bilberry fruit extract that we could find which is equivalent to one hundred times the potency of the fruit. (The potency in one capsule is equal to 12grams of dry bilberries).

**Vitamin C, bioflavonoids, vitamin E and beta-carotene:** These are all powerful antioxidants to help maintain the

connective tissue found in the cornea, the capillaries in the retina and support healthy eyesight.

**Zinc and copper:** These two minerals are important eye nutrients and play a significant role in defending against free radical damage in the macular region, retina and lens of the eye.

### Why is zeaxanthin and lutein good for your eyes?

Potent antioxidants lutein and zeaxanthin, are found in many vegetables as well as in your eyes (the lens, retina and macula). Doctors believe that these antioxidants play a key role in healthy vision, with studies showing that high levels of both, found in eye tissue, is linked to better vision, particularly in dim light or where glare is concerned.

### Where do we source the zeaxanthin and lutein from?

Xangold (containing the zeaxanthin and lutein) is sourced from specially grown marigolds in Japan and has been scientifically tested by the suppliers to validate their product.

### What are bilberries?

Bilberries are very similar to blueberries and are packed full of powerful antioxidants. They have a long medicinal

history, particularly for their positive effects on vision and certain eye conditions.

### Where is our bilberry sourced from?

Our bilberry used in Eye Health is extracted in the USA from plants grown in Europe.

## POTENTIAL FOR HEALTH BENEFITS ARE:

- Healthy retinas and macular pigment density
- Supports lens and macular health
- Less eye fatigue, improved night vision and help with adapting to glare
- Protection of the macular region of the eye from free radical damage

### THIS PRODUCT HELPS WITH:

- Eyes

