

## FEEDBACK FROM OUR CUSTOMERS

### GREAT RESULTS

“After using many bowel products over the years, I have never found a product as good as yours. Thank you.”

Pam

### HIGHLY RECOMMENDED

“I have used your Easy-Lax for years now and find it to be a great product. Many of my friends now take Easy-Lax on my recommendation and they are as happy with the product as I am. Thank you.”

Lyn

### NOTICEABLE DIFFERENCE

“I stopped taking your Easy-Lax for about eight months and I have just resumed taking them. I cannot believe the difference. It's very gentle and I am really pleased with the results.”

Maria

### RELIEF FINALLY FOUND

“All my life I have suffered from sluggish bowel. I tried many products, but it wasn't until I started taking your Easy-Lax that I finally found relief. I recommend them to everyone and cannot speak highly enough about Easy-Lax.”

Margaret

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 60 day money back guarantee

 Free delivery within New Zealand

PELF/O

 **Health House**

# EASY-LAX

Promotes easy, regular bowel movements

All our products are  
**GLUTEN FREE**

# EASY-LAX

A mild, herbal stool softener that works gently over a twelve hour period lubricating the colon, reducing bloating and improving digestive functions.

Easy-Lax contains five herbs proven to be beneficial to the bowel:

**Psyllium seed** is the finest source of soluble fibre available. Weight for weight, it is 14 times higher than oat bran. It swells in water and stimulates movement of stools, at the same time lubricating and soothing the mucous membranes of the digestive tract.

**Slippery elm** coats and soothes the digestive tract lining. It can also relieve stomach rumbling, bowel issues and excessive wind.

**Wormwood** invigorates the entire digestive process and supports production of good cholesterol and bile. It has been used since ancient times as a traditional remedy for intestinal parasites.

**Cascara sagrada** stimulates the large intestine and supports regularity.

**Fennel seed** calms many disorders of the digestive system.

## How does Easy-Lax work?

Easy-Lax works gently over a 12 hour period. The natural herbs soothe the colon while the bulking agent moves through the bowel clearing obstructions. It is **very** important to have a high intake of water to reduce the possibility of the bulking agent blocking your bowel. If taking Easy-Lax for longer than a few weeks, please ensure that you have adequate amounts of fruit and vegetables as part of your daily diet.



## BENEFITS:

- Creates natural soft bowel motions reducing straining and damage
- Promotes regular bowel motions
- Has a soothing, lubricating effect on the colon tract
- Improves digestive functions
- Reduces wind and bloating
- Soothes an acid stomach
- Supports the production of good cholesterol

## THIS PRODUCT HELPS WITH:

- Bowel function
- Digestion
- Cholesterol

## INGREDIENTS:

PER CAPSULE	WEIGHT	ACTIVE
Cascara sagrada powder	277mg	277mg
Psyllium husk powder	200mg	200mg
Slippery elm bark powder	20mg	20mg
Wormwood powder	8mg	8mg
Fennel powder	5mg	5mg

Gluten, dairy and soy free.

## DIRECTIONS:

For best results take one (or two) capsules after your evening meal. We recommend you drink one glass of water per capsule.

Always read the label and use only as directed.

Do not use if pregnant or breastfeeding. Always increase your intake of water when using this product.

If on prescribed medication, please consult your health professional before taking.