

**Health House**  
C/- Zealand Publishing House Limited  
Private Bag 12029 (61 Maleme Street)  
Tauranga 3112, New Zealand

**Phone 0800 140 141**

**Description:** The healthy, once a day, protein powder and herbal appetite suppressant that can save you up to 1000 calories per day, which can result in dramatic weight loss.

SafeSlim is recommended along with regular exercise and a healthy diet.

At approximately 50 servings, SafeSlim more than pays for itself.

Keep out of reach of children. Store away from direct sunlight, heat and humidity. Keep sealed after opening.

Do not use during pregnancy or while breast feeding.



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Manufacturer: Zealand Health Manufacturing Ltd (ZHM)  
61 Maleme Street, Tauranga 3112, New Zealand.



**Health House**

**SafeSlim**

**Mixed berry**

Net weight 250 g

**DIETARY SUPPLEMENT**



**Ingredients:**

Instant protein powder blend	112 g
(Skim milk powder, calcium caseinate, egg powder, whey powder, stevia, vanilla flavour)	
Whey protein concentrate	112 g
Cinnamon	9 g
Fennel	9 g
Stevia	4 g
Chromium polynicotinate 10%	0.2 g
Natural and nature identical flavourings	
Contains dairy and egg products.	

**Nutrition Information**

Servings per package: 50 Serving size: 5 g All values are averages

	Quantity per Serving	Quantity per 100 g
Energy	83kJ (20 Cal)	1660kJ (395 Cal)
Protein	2.7 g	53.3 g
Fat total	0.3 g	6.2 g
- saturated	0.1 g	2.8 g
Carbohydrate	1.5 g	30.9 g
- sugars	0.9 g	18.7 g
Sodium	15 mg	300 mg
Calcium	40.5 mg	810 mg

**Directions:**

Stir two rounded teaspoons of SafeSlim into a glass (200 ml) of water or milk, mix thoroughly.

We suggest you drink a glass of water and/or eat half an apple before taking. Can also be blended with fruit to make a smoothie. For best results take in the morning or at lunchtime, repeat if necessary.

[www.healthhouse.co.nz](http://www.healthhouse.co.nz)

**Made in New Zealand**