

Health House

C/- Zealand Publishing House Limited
Private Bag 12029, 61 Maleme Street,
Tauranga 3112, New Zealand.

Phone 0800 140 141

Pure Antarctic Salmon Oil from the nutrient-rich Humboldt Current off the coast of Chile. Contains health-promoting Omega 3.

Cod Liver Oil, also for Omega 3 and contains natural Vitamin A and Vitamin D.

Provides the full spectrum of all seven Omega 3 oils EPA, DHA, DPA, STD, ETA, ALA and ETE.
(Active Omega 3 190 mg)

Omega 3 has been scientifically proven to:

- Help your arteries stay clean and clear.
- Support your blood and heart health.
- Essential for optimum brain development and health.



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Manufacturer: Zealand Health Manufacturing Ltd (ZHM)
61 Maleme Street, Tauranga 3112, New Zealand.

FOLK2



Health House

Omega 3

Fish Oil

with Vitamin E and Cod liver oil

For optimum brain development and artery health



200 soft gel capsules

DIETARY SUPPLEMENT



Ingredients: At the time of manufacture each capsule contained on average

Salmon Oil	800 mg
Cod Liver Oil	200 mg
Vitamin E	1 mg
Active Omega 3	190mg
Vitamin A (natural)	500 iu / 150 mcg
Vitamin D (natural)	50 iu / 1.5 mcg
Vitamin E (natural)	1.5 iu / 1 mg

Directions: Adults and children: Two or three capsules daily with food.

Storage: Store below 30°C. For maximum life refrigerate around 4°C. Keep out of reach of children. Store away from direct sunlight, heat and humidity. Keep sealed after opening.

Always read the label and use only as directed. Supplements should not replace a balanced diet. If symptoms persist or you are on prescribed medication, please see your healthcare professional.

www.healthhouse.co.nz

Made in New Zealand