

## Health House

C/- Zealand Publishing House Limited  
Private Bag 12029, 61 Maleme Street,  
Tauranga 3112, New Zealand.

To reorder, freephone 0800 140 141

Easy-Lax is a mild, herbal stool softener, which promotes easy, regular bowel movements without straining.

It has a soothing, lubricating effect on the colon tract. It improves digestive functions and reduces wind and bloating. Soothes acid stomachs and helps balance Uric Acid levels. **Increase your intake of water when using this product. Increase the amount of fruit and vegetables in your diet if using this product for longer than two weeks.**



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Made by: Zealand Health Manufacturing Ltd (ZHM)  
61 Maleme St, Tauranga 3112, New Zealand

EL100L/2



# Health House

# Easy-Lax

Promotes easy, regular bowel movements

100 capsules

DIETARY SUPPLEMENT



Average per capsule at time of manufacture

Ingredients	Weight	Active
Cascara sagrada powder	277mg	277mg
Psyllium seed powder	200mg	200mg
Slippery Elm Bark powder	20mg	20mg
Wormwood powder	8mg	8mg
Fennel seed powder	5mg	5mg

**Directions:** Take one (or two) capsules with a glass of water after your evening meal. Not suitable for children under 12 years. Do not use if pregnant or while breast-feeding. If symptoms persist seek advice from your Health Professional.

**Storage:** Keep out of reach of children. Store away from direct sunlight, heat and humidity. Keep sealed after opening.

[www.healthhouse.co.nz](http://www.healthhouse.co.nz)

Made in New Zealand