

## Health House

C/- Zealand Publishing House Limited  
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CoQ10 is a natural enzyme made by the body, especially during youth and is vital for life-long muscle energy and a healthy, alert old age. It supports blood health and mental clarity. CoQ10-Omega3 uses highest quality naturally fermented Japanese CoQ10, pure deodorised Antarctic Salmon Oil rich in Omega3 and Cod Liver Oil for natural Vitamin A and D.

**Storage:** Store away from direct sunlight. Keep sealed after opening.

Always read the label and use only as directed. Supplements should not replace a balanced diet. If you are on prescribed medication, (especially blood medication) please consult with your doctor.



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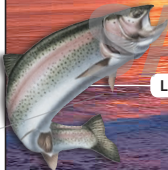
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61 Maleme St, Tauranga 3112, New Zealand

COQLB/2



**Health House**

# CoQ10-Omega3



Life-long energy and mental clarity

60 soft gel capsules

DIETARY SUPPLEMENT



Average per capsule at time of manufacture

Ingredients	Weight	Active
Co-Q10	50mg	
Salmon Oil	725mg	
Cod Liver Oil	225mg	
Omega 3		250mg
Omega 6		22mg
Vitamin A (560IU)		168mcg
Vitamin D (56IU)		1.4mcg

**Directions:** Adults – One capsule daily with food.

[www.healthhouse.co.nz](http://www.healthhouse.co.nz)

Made in New Zealand