

## Health House

C/- Zealand Publishing House Limited  
Private Bag 12029, 61 Maleme Street,  
Tauranga 3112, New Zealand.

To reorder, freephone 0800 140 141

**CAA Non-Iron** is a high quality mineral and vitamin blend, based on research by Australian farmer Percy Weston, who lived to be 100 years old. **CAA Non-Iron** is made for New Zealand conditions by the addition of those minerals lacking in New Zealand soils. It has proven highly effective in helping the body avoid and heal itself of numerous health problems.

**Directions:** Adults – One capsule daily with food. Preferably with evening meal.

Children – One capsule every second day.

**Storage:** Store away from direct sunlight, heat and humidity. Keep sealed after opening.



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Always read the label and use only as directed.  
Supplements should not replace a balanced diet.

CIFL/O

 **Health House**

# CAA

A NZ formulation of minerals and natural vitamins

60 capsules

DIETARY SUPPLEMENT

**Non  
IRON**

	Ingredients per capsule	Weight	Active
Minerals	Boron (chelated)	50 mg	2.5 mg
	Chromium (polynicotinate)	1.25 mg	125 mcg
	Cobalt (chelated)	210 mcg	25 mcg
	Copper (chelated)	11 mg	1.5 mg
	Iodine (natural from sea kelp)	20 mg	100 mcg
	Magnesium	334 mg	200 mg
	Manganese (chelated)	32 mg	6.5 mg
	Potassium	378 mg	200 mg
	Selenium (chelated)	7.5 mg	150 mcg
	Silica (organic from plants)	20 mg	14 mg
	Sulphur (MSM non-allergenic)	75 mg	75 mg
	Zinc (chelated)	33 mg	10 mg

Vitamins	Antioxidants & Bioflavonoids	25 mg	25 mg
	Vitamin B1 (Thiamine)	1000 mcg	1000 mcg
	Vitamin B2 (Riboflavin)	1000 mcg	1000 mcg
	Vitamin B3 (Niacinamide)	10 mg	10 mg
	Vitamin B5 (Calcium Pantothenate)	8 mg	8 mg
	Vitamin B6 (Pyridoxine)	1000 mcg	1000 mcg
	Vitamin B9 (Folic Acid)	300 mcg	300 mcg
	Vitamin B12 (High absorption)	5 mcg	5 mcg
	Vitamin C	35 mg	35 mg
	Vitamin D (1000 iu active) (Natural)	10 mg	25 mcg

Encapsulating aids



[www.healthhouse.co.nz](http://www.healthhouse.co.nz)

Made in New Zealand