

## Health House

C/- Zealand Publishing House Limited  
Private Bag 12029, 61 Maleme Street,  
Tauranga 3112, New Zealand.

To reorder, freephone 0800 140 141

A high quality, organic mineral blend,  
containing two important minerals, which are  
lacking in New Zealand soils.

**Boron** is an important mineral for bone and  
joint health. It also improves calcium and  
magnesium absorption.

**Selenium** is a powerful antioxidant. It also  
neutralises mercury toxicity in the body and  
supports prostate health.



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Made by: Zealand Health Manufacturing Ltd (ZHM)  
61 Maleme St, Tauranga 3112, New Zealand

BORSEL / 2

 Health House

# Boron & Selenium

Essential organic minerals for your NZ health needs

60 capsules

DIETARY SUPPLEMENT



Average per capsule at time of manufacture

Ingredients	Weight	Active
Boron Amino Acid Chelate 5%	200mg	10mg
Selenium Amino Acid Chelate 2%	7.5mg	150mcg

**Directions:** 1 capsule daily. Preferably with  
evening meal.

**Storage:** Keep out of reach of children. Store  
away from direct sunlight, heat and humidity.  
Keep sealed after opening.

Always read the label and use only as directed.  
Supplements should not replace a balanced diet. If  
symptoms persist or you are on prescribed medication,  
please see your healthcare professional.

[www.healthhouse.co.nz](http://www.healthhouse.co.nz)

Made in New Zealand