

## Health House

C/- Zealand Publishing House Limited  
Private Bag 12029, 61 Maleme Street,  
Tauranga 3112, New Zealand.

To reorder, freephone 0800 140 141

Calcium is one of the most deficient minerals in the New Zealand diet and this is especially so for New Zealand children. Calcium is important for healthy bones, teeth and long term health.

Children (and adults) will enjoy obtaining their daily dose of calcium without the gritty chalkiness normally found with standard Calcium Carbonate.

These great tasting calcium tablets have added Vitamin D to help calcium absorption.



Made by: Zealand Health Manufacturing Ltd (ZHM)  
61 Maleme St, Tauranga 3112, New Zealand

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 **Health House**

# Banana Calcium Tablets

Great tasting, chewable tablets with Vitamin D

120 tablets

DIETARY SUPPLEMENT



Average per tablet at time of manufacture

Ingredients	Weight	Active
Calcium Carbonate	837mg	192mg
Vitamin D	2mg	5mcg

Banana flavour and tableting aids  
Contains no artificial flavours.

**Directions:** Not recommended for infants  
Children 2 tablets per day  
Teenagers 4 tablets per day  
Adults 3 tablets per day

**Storage:** Keep out of reach of children. Store away from direct sunlight, heat and humidity. Keep sealed after opening.

Always read the label and use only as directed. Supplements should not replace a balanced diet. If symptoms persist or you are on prescribed medication, please see your healthcare professional.

[www.healthhouse.co.nz](http://www.healthhouse.co.nz)

Made in New Zealand