

Health House

A division of Zealand Publishing House Ltd
Private Bag 12029, Tauranga 3112
New Zealand

To reorder, freephone 0800 140 141

This Health House **American Colostrum** is the highest grade of Colostrum available. It is processed by La Belle, the worlds foremost producer of Colostrum under the strictest controls to retain full activity, and is further specially microfined to make it 100% soluble in liquid for complete absorption.

Directions Adults: For maximum health benefits, take one rounded teaspoon (approx 1500mg) stirred into half a glass of water, twice a day on an empty stomach (3000mg total a day). Wait 45 minutes before eating a meal. When health is optimised, this can be reduced to 1500 mg once a day.

Children under 13: Half the above rates. Not recommended for infants.



CAN BE REFRIGERATED
WHEN OPENED BUT DO
NOT FREEZE

Made by: Zealand Health Manufacturing Ltd (ZHM)
61 Maleme Street, Tauranga 3112, New Zealand.

CPBLB/Z



Health House

American Colostrum

Richer than NZ Colostrum – 24% IgG level

Net weight 180 grams
DIETARY SUPPLEMENT



Average at time of manufacture

Ingredients

Colostrum powder	178g
Stevia	1g
Milk flavour	1g

Nutrition Information

Serving size: 2.5g All values are averages

	Quantity per serving	Quantity per 100g
Energy	39kj	1560kj
Protein	1775mg	71.0g
Fat total	69mg	2.76g
- saturated	52mg	2.10g
Carbohydrates	365mg	14.6g
Sugars	226mg	9.04g
Sodium	24mg	980mg

Storage: Store below 30°C. For maximum life refrigerate around 4°C. Keep out of reach of children. Store away from direct sunlight, heat and humidity. Keep sealed after opening.

Always read the label and use only as directed. Supplements should not replace a balanced diet. If symptoms persist or you are on prescribed medication, please see your healthcare professional.

www.healthhouse.co.nz

Made in New Zealand