

# CN3 & CN5 Complementary Herbs and Minerals



# CN3 Complementary Herbs

## Ingredients

These 60 capsules contains:

- Amygdalin 98% Vitamin B17 (Bitter apricot kernel extract) 300mg
- Curcumin (Turmeric extract 20:1 equivalent to 4000 mg) 200mg
- Astragalus (extract 10:1 equivalent to 1250 mg) 125mg
- These ingredients are pure plant extracts and contain no artificial chemical additives.

## Uses, actions and evidence

**Amygdalin (Vitamin B17):** Amygdalin is a plant compound that contains sugar and produces cyanide. Amygdalin is found in the pits of many fruits and raw nuts. It is also found in other plants, such as lima beans, clover, and sorghum. The laetrile/amygdalin is manufactured from crushed apricot kernels.

**Curcumin:** Curcumin (diferuloyl methane), the yellow pigment in turmeric (*Curcuma Longa*), is a potent herbal preventive agent that inhibits proliferation of cells by arresting them at various phases of the cell cycle depending upon the cell type.

**Astragalus:** The immuno-potentiating effect of the roots of *Astragalus Membranaceus*, a traditional Chinese medicinal herb, has been associated with its polysaccharide fractions (plant sugars). These compounds are known to enhance immune cell communications thus enabling the body to better defend itself against disease.

Astragalus extract has profound effects in enhancing human immuno-function and anti-tumour activity. It can be applied in clinical practice for immuno-modulation and tumour treatment according to current available research.

# CN5 Complementary Minerals

## Ingredients

Each capsules contains on average

- Cesium Chloride 500 mg,
- Potassium chloride 53% 500 mg (giving 265 mg elemental Potassium)
- Vitamin E, (D-Alpha tocopherol succinate) 50 mg,
- Selenium methionine 2% 7.5 mg (giving 150 mcg elemental organic selenium).

**Cesium:** Makes the body cells alkaline. (Note: the blood is not made alkaline, only the interior of the cells.) This allows the cells to retain far more oxygen, making them highly resistant to tumour growth. It also halts unhealthy sugar fermentation within the cells and neutralises lactic acid.

**Potassium Chloride:** This mineral is alkalisng in a similar but lesser way to Cesium. Potassium is the major mineral required by cells. Low Potassium levels lead to acidic cells and with our modern high-Sodium diets the ideal 50-50 Sodium/Potassium ratio is seldom achieved. Because Cesium Chloride helps drive Potassium into cells it is desirable that Potassium should be supplemented in the diet to increase the amount of serum Potassium available.

**Vitamin E:** The role of natural Vitamin E (d-alpha-tocopherol succinate) has been assessed in human cells in culture. The presence of Vitamin E succinate caused an increase in tumour cell cytotoxicity (death).

**Selenium:** Selenium, an essential biological trace element.

## Preparations, Dosage and Precautions

It is always recommended that you consult your doctor fully before undertaking this course of treatment. To obtain the best results, we advise diet is important and must be kept unprocessed, low phosphorous, and free of wheat and sugar containing products.

You must also be managed by your doctor throughout your course of treatment to ensure your body responds appropriately.

Dosage: We recommend you do not exceed the following doses of both CN3 and CN5

- Under 80kg bodyweight: 1 capsule of each twice daily with food
- 80-100kg: 2 capsules of each twice daily with food
- Over 100kg: Women 2 capsules of each twice daily with food, Men 3 capsules daily with food.

CN3 and CN5 capsules should be taken only under medical advice and with specific nutrient support.

## Contraindications, Warnings and Precautions

Toxicity of these herbs and minerals is possible in the higher doses and side effects including vomiting, nausea and blurred vision. These should be reported to your doctor immediately, and cessation of the remedy for 2-3 days, and then a reduced dose is recommended. Toxicity should not be present if the above symptoms do not occur. Take with food and follow with water.

## Disclaimer

This product is not recommended for use without professional advice and no medical claims are made. Please see your doctor before commencing the treatment.



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