

Bloodroot Paste Instructions





Bloodroot Paste Instructions

Bloodroot paste herbal treatment should only be used under the guidance of an experienced health practitioner.

Step 1: Apply a thin layer of **Bloodroot paste**, just to the area to be treated – not beyond the borders. Cover with sticking plaster and leave in place until dry. Avoid using near mucous membranes and wounds or burns. Pain may be experienced, especially if the area being treated is large. Take an analgesic if necessary.

Step 2: Carefully wash off the **Bloodroot paste** with clean water. Use a soft cloth, cotton bud or similar. Re-apply the paste again the following day. Be careful not to break off any growth at this stage. For simple treatments such as solar keratoses, one application may be enough.

Step 3: Repeat this cleansing and reapplying daily until the entire area becomes pus and dead tissue. This can take from a few days to a week or more. At this stage it can be unsettling watching a large pus filled wound form, but this is quite normal. The cells are dying and being engulfed by the body's own white blood cells. Cease applying **Bloodroot paste** at this stage.

Step 4: A scab should now form and come off in 10 to 14 days. Again, never pull away any of the dead tissue or scab. The scab and any attachment should come away (drop off) without pulling. There is likely to be a crater underneath with wet, weeping tissue. Apply Aloe Vera Gel liberally to avoid infection and ensure good healing. Treat as any skin wound and keep clean and protected until dried and healed.